

Region Progress Report December Data/January Activities

Region 1 Behavioral Health Services

SERVICE TYPE	ACTIVITY	DATE	PROGRESS, BARRIERS, NEXT STEPS
Emergency Psych Respite	Region 1 will provide this service.	OPERATIONAL DATE: 8/01/05	The Crisis Respite Center has a capacity of eight beds with two overflow beds. A total of 67 consumers have been served through December 2006.
Local Crisis Response Team & Emergency Community Support	Region 1 will provide ECS and CRT in Scottsbluff, Banner and Morrill Counties.	TARGET DATE: LCRT – 3/31/06	<u>Emergency Community Support</u> In FY06, 87 consumers have received Emergency Community Support services. <u>Local Crisis Response Team</u> The LCRT is still in development. Informational meetings with interested clinicians have taken place. The training curriculum is currently in development. A tentative target date for the LCRT has been revised to March 31, 2006.
Acute & Secure	Regional West Medical Center is providing acute and secure services in Region 1.	OPERATIONAL DATE: 7/01/04	From July-December 2005, 13 consumers have been served by the Homeward Bound program at RWMC.
Dual Disorder Residential	Regional West Medical Center is providing this service.	OPERATIONAL DATE: 10/3/05	The dual diagnosis program at RWMC was operational in October 2005, and eight consumers have been served through December 2006.

Region Progress Report

December data/January Activities

Region 2 Human Services

SERVICE TYPE	ACTIVITY	DATE	PROGRESS, BARRIERS, NEXT STEPS
Crisis Respite Beds	Liberty House in North Platte, Nebraska is providing Crisis Respite Services.	OPERATIONAL DATE: 1/1/05	Five consumers were served for a total of 22 nights.
Acute Inpatient and Subacute for Commitments	Richard Young Hospital and Great Plains Medical Center are providing acute and Subacute services for Region 2 consumers.	OPERATIONAL DATE: 10/1/04	Ten acute days and 44 subacute days were purchased serving six consumers.
Crisis Response Team	Emergency Support program is a service of Region 2 Human Services.	OPERATIONAL DATE: 2/1/05 7-1-05 (Region)	<p>Ten consumers were EPC'd and eleven potential EPC's were diverted to voluntary care through provider requests for assistance.</p> <p>Our Emergency Support program had 104 calls and helped 22 consumers with medication assistance, thirteen consumers with transportation, eight consumers were helped with medical needs and three were helped with other critical needs. Each of these needs being met helped prevent a crisis.</p>
Emergency Community Support	Emergency Support services are provided by Region 2 Human Services.	OPERATIONAL DATE: 7/04 7-05 (Region)	<p>37 consumers are in emergency community support.</p> <p><u>Barrier</u> The need remains high for transportation, medications, and housing—this is not a barrier but will become a problem if funds diminish.</p>

SERVICE TYPE	ACTIVITY	DATE	PROGRESS, BARRIERS, NEXT STEPS
Dual Disorder Residential beds	CenterPointe is the provider and the contract was signed on February 24 th , 2005.	OPERATIONAL DATE: 1/05	Two consumers were served for a total of 37 days.
Community Support	Goodwill and Region 2 Human Services are the providers of this service.	OPERATIONAL DATE: 12/04	<p>Thirty consumers were served by Goodwill—in addition, region-wide 214 consumers were served in substance abuse and mental health community support.</p> <p><u>Barriers</u> The demand for this service continues to be high which we see as a strength not a barrier. Continued funding is a must for this service. The managed care issues remain a difficulty. It is hard to see the benefit for the amount of time it takes away from direct client care by the community support worker for each authorization..</p>
Medication Management	Region 2 is providing this service.	OPERATIONAL DATE: 12/15/04	<p>288 consumers were served in medication management throughout the Region.</p> <p><u>Barriers</u> We cannot get all the consumers in who need to be seen—we continue to look at ways to increase our capacity.</p>
Substance Abuse Short Term Residential	St. Monica's and Touchstone are providing this service for Region 2.	OPERATIONAL DATE: 1/05	<p>21 consumers were served.</p> <p><u>Barriers</u> The waiting time to get in remains a problem and in addition trying to secure medical clearance right before admission complicates the process. We are working with the centers on this.</p>

SERVICE TYPE	ACTIVITY	DATE	PROGRESS, BARRIERS, NEXT STEPS
Phase IIa Day Rehab	Our Phase IIA funding was for Day Rehab.	OPERATIONAL DATE: 4/1/05	75 consumers were served for a total of 561 units. <u>Barriers</u> We have consumers in other parts of the Region who could benefit from day rehab. We have worked with HHSS on transportation funding for eligible consumers. An added barrier is the 3 and 5 hour designations for units of service. Many consumers come to day rehab and they cannot stay for 3 or 5 hours due to their illness.

January 2006 Activities: Psychiatric Nurse Practitioner to begin work in January. We had to revamp the med box program in order to meet pharmacy regulations. We have created a partnership with a local pharmacy to help fill this void. This will help with our need for medication management. Met with consumers in North Platte and discussed met and unmet needs. Contacted HRC and LRC regarding current Region II consumers and visited NRC to meet with 4 consumers and help create discharge plans. All were discharged as of 2/2/06.

Region Progress Report

December Data/January Activities

Region 3 Behavioral Health Services

SERVICE TYPE	ACTIVITY	DATE	PROGRESS, BARRIERS, NEXT STEPS
Acute/Subacute	Richard Young Hospital and Mary Lanning Hospital are providing acute inpatient services for Region 3 consumers.	OPERATIONAL DATE: 11/01/04	Twelve consumers were served in acute care at MLH and two consumers were served through RYH. <u>Barriers</u> Barriers to dismissal from acute care are transportation, waiting list for outpatient services and obtaining timely medications.
Crisis Stabilization Unit (CSU)			
• Crisis Stabilization	Mid-Plains Center for Behavioral Healthcare Services (MPC) has identified the Bauman Building site for the CSU and has started renovations.	TARGET DATE: 3/1/06	MPC Board of Directors reviewed remodeling costs and is recommending pursuing additional funds for completing the bed-based facility as a stand-alone on the adjacent property. This will be at a lower cost than the remodel but is still more than the funding that was originally allocated. MPC, during the month of January, modified the assessment tool resulting in obtaining a more accurate level of need for the participant and greater consistency.
• Psych Respite	MPC continues their renovations for the bed based services.	TARGET DATE: 3/1/06	Bed based services are pending at MPC. The Triage Center @ MPC is working with consumers and families finding needed resources and coping skills but is not an overnight bed based service.
• Medically Assisted Detox	The CSU will be located at MPC current outpatient site with the renovations beginning in June 2005 and a projected service delivery date by 11/1/05.	TARGET DATE: 3/1/06	Medically assisted detox is pending the renovation of bed based services.

• Urgent Outpatient	MPC provides this service through their outpatient clinic. Evening hours have been extended to increase access.	OPERATIONAL DATE: 11/1/04	Urgent Outpatient Services served thirteen consumers in the month of December.
• Emergency Community Support	Goodwill Industries of Greater Nebraska provides service along with Region 3 and Mary Lanning Hospital.	OPERATIONAL DATE: 1/1/05	Goodwill Emergency Community Support served 48 consumers during the month of September. <u>Barriers</u> Barriers continue to be accessing services for consumers in very rural areas of Region 3. Goodwill continues to expand the availability of bilingual services within their programs and is also prompting other service providers to expand the availability of bilingual services.
• Crisis Response Team	Three Crisis Response Teams are operational across the entire region. Training and networking with area law enforcement has occurred.	OPERATIONAL DATE: 10/1/04	60 consumers from seven different counties utilized the crisis line. 41 of the assessment were done face to face. Of those assessed only three were EPC'd and an additional three consumers entered the hospital voluntarily, resulting in only a 5% EPC rate for the month of Dec.
• Crisis Med Management	MPC provides this service through their Crisis Stabilization Unit.	OPERATIONAL DATE: 12/1/04	Several consumers were served in the Crisis Medication Management program.
• Drop-In Center	Drop-In Center is currently operational in the MPC Bauman Building Monday through Thursday. 24 hour services will begin in the fall of 2005.	OPERATIONAL DATE: 1/1/05	The CSU continues to develop the availability of 24/7 drop- in services through the Triage Center.
Dual Disorder Residential	Catholic Charities is developing Dual Disorder Residential treatment services in Columbus for	OPERATIONAL DATE: 12/15/05	Region 3 had its first participant move from NRC into the Dual Disorder Residential program. Challenges ahead will be in the continued development of additional staff.

	both Regions 3 and 4.		
Community Support – MH And SA	Goodwill Industries and South Central Behavioral Services have expanded their Community Support MH and SA services to cover all of Region 3.	OPERATIONAL DATE: 1/01/05	SCBS served 24 consumers in Hastings and eleven consumers in Kearney in Community Support MH and fifteen consumers in Hastings and eleven consumers in Kearney in Community Support SA. Goodwill served 26 consumers in Community Support MH and thirteen in Community Support SA through additional dollars.
Medication Management	Region 3 is contracting with RYH in Kearney, the Lanning Center in Hastings, the Lanning Center working through South Central Behavioral Services in Kearney, and Mid-Plains Center in Grand Island regarding the provision of this service.	OPERATIONAL DATE: 5/1/05	70 consumers were served in Medication Management via The Lanning Center. Richard Young Hospital served an additional two consumers and Mid Plains served 200 consumers. <u>Barriers</u> Future challenges include the spring closing of the Mary Lanning outpatient clinic in Grand Island. Mid Plains is planning to transition consumers from The Lanning Center clinic. Challenges in the Region 3 area are the recruitment of Psychiatrist and physician extenders to provide consistent services to consumers.
Psych Residential Rehab	South Central Behavioral Services, Able House is providing this service for Region 3 consumers.	OPERATIONAL DATE: 1/01/05	One additional consumer was served through the additional funding, Able house remains at capacity. Thanks to the BH Housing Voucher program consumers are transitioning out of the program into their own residences, allowing timely access to the Able House program by new consumers.
Short-Term Residential	Region 3 has expanded the contract with Behavioral Health Specialists/Seekers of Serenity for the provision of additional STR services.	OPERATIONAL DATE: 1/01/05	SOS has served one additional consumer through the expanded funding. Challenges are transportation from an acute hospital to SOS after commitment and the 30 days of medication needed prior to admittance into the program.
Crisis Respite/ Acute Inpatient (Voluntary)	Service will be provided by RYH of Kearney and will serve the western portion of Region 3.	OPERATIONAL DATE: 9/01/05	RYH served two consumers in crisis respite for a total of 15 days.

Telemedicine	Region 3 purchases time on existing hospital network and has purchased mobile telemedicine equipment for Com. Support, Emergency Com Support, and Crisis Response Team providers.	OPERATIONAL DATE: 6/15/05	Eleve video phones have been distributed to ERCS, Community Support, CRT members including law enforcement across the region. Region 3 continues to work with providers on promoting the utilization of telemedicine and the video phones.
Day Rehabilitation	Region 3 is contracting with South Central Behavioral Services (SCBS) to develop Day Rehab services in Kearney. SCBS has formed a Participant Council to provide recommendations and input for the development and operation of the program.	OPERATIONAL DATE: 7/05/05	Unity House served a total of eleven consumers.
Halfway House	Region 3 is contracting with South Central Behavioral Services to expand their half way house services through the Freedom House in Kearney.	OPERATIONAL DATE: 5/01/05	One additional consumer was served at Freedom house for a total of eleven. Reform dollars also assisted in paying for additional staff to meet Medicaid criteria in their programming.
Rental Assistance Program	Region 3 Behavioral Health Services provides rental assistance to consumers who experience a serious mental illness and who have very low income.	OPERATIONAL DATE: 7/15/05	In December, ten applications were received and eleven were approved from the previous months. In December the 1st contract was signed by a landlord and leased by a consumer.

Consumer Involvement	Region 3 seeks the counsel of consumers and their families on a regular basis	Ongoing	Region 3 continues to have and seek consumer involvement and guidance. The Behavioral Health Advisory Committee meets quarterly with attendance by consumers and family members. Region 3 continues to be supportive of the Wellness Recovery Action Plan (WRAP) and is pursuing additional training in various parts of the region for both adults and transitional youth. Region 3 has seen success with the consumers utilizing their Wellness Recovery & Action Plans to avert EPCs working towards consumers self directed recovery.
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Region Progress Report

December Data/January Activities

Region 4 Behavioral Health Services

SERVICE TYPE	ACTIVITY	DATE	PROGRESS, BARRIERS, NEXT STEPS
Acute/Subacute	Region 4 has written confirmation from FRHS that they are planning to provide acute services but cannot do so until space is renovated to accommodate 9 additional beds. They currently have 13 EPC beds.	TARGET DATE: FRHS 10/1/06 Region 4 3/1/06	<p>FRHS target date for acute service implementation continues to be October 1, 2006.</p> <p>Barriers: A number of departments/offices must be moved before renovations can begin to bring up new beds.</p> <ul style="list-style-type: none"> FRHS does not want to mix EPC and acute patients. <p>Region 4 is currently discussing possibility of partnering with Region III to provide subacute/residential services.</p>
Crisis Response Team	Region 4 has contracted with Behavioral Health Specialists (BHS) in Norfolk area/Madison County.	OPERATIONAL DATE: 8/1/05	<p>Region 4 Emergency System Coordinator has met with the Madison Co. Attorney and finalized the procedure for outpatient commitments. The procedure was presented at the Norfolk Emergency meeting on January 28. Implementation is anticipated in February. It is anticipated that numbers of outpatient commitments will be low.</p> <p>Norfolk Crisis Response Team served three consumers in December with a total of 34 being served to date.</p>
Emergency Community Support	Region 4 has contracted with Heartland Counseling for this service in northeastern Nebraska.	OPERATIONAL DATE: 3/1/05	Total number of consumers served to date is 27; number served in December is seven.
Emergency Stabilization	Region 4 has contracted with Catholic Charities for	TARGET DATE:	Catholic Charities and the Region have determined that this is not a feasible service due to several significant barriers. The Region will

	this service.	TBD	be exploring alternatives with Catholic Charities.
Psych Res Rehab	Region 4 has contracted with Catholic Charities for this service	TARGET DATE: 12/01/05	Construction/renovation is almost completed. Currently three consumers have been admitted to the Psych Res Rehab program; interviews are being conducted for referrals.
Community Support	Region 4 has contracted with Catholic Charities/Heartland Counseling for this service in the Columbus area and Northeastern counties.	OPERATIONAL DATE: 3/1/05	Catholic Charities has served thirteen consumers to date; seven in December. Heartland Counseling: See Phase IIa below.
Crisis Respite	Region 4 has contracted with R Way, Rainbow Center, & Liberty Centre for this service.	OPERATIONAL DATE: 3/15/05	Liberty Centre served one consumer in December; Fourteen to date. Rainbow Center served zero consumers in December; One to date.
Dual Disorder Residential	Region 4 has contracted with Catholic Charities for this service.	TARGET DATE: 12/1/05	Construction / renovation almost completed. Currently three consumers have been admitted to the Dual Diagnosis program: One from Region 4, two from Region 3.
Day Rehab	R Way, Rainbow Center, & Liberty Center received funds from Region 4 to expand capacity.	OPERATIONAL DATE: 3/15/05	To date 65 consumers have been served; 43 in December.
Med Management	Faith Regional Health Services is the contracted provider for this service in Region 4.	OPERATIONAL DATE: 3/15/05	To date 34 consumers have been served; fourteen in December.

Phase IIa Community Support	Additional Community Support in 5 locations in the Region.	OPERATIONAL DATE: 3/15/05	CS-MH -To date 207 consumers have been served; 143 in the month of November. CS-SA – To date 168 consumers have been served; 80 consumers in December.
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Additional information:

- Emergency System/Network Coordinator continues to meet with NRC social workers weekly and as necessary to facilitate discharged from NRC. She has also met with Mary O'Hare and Lee Tyson from the Division regarding referrals to NRC from FRHS/Region 4 and discharges from NRC.
- Since strength-base assessments were implemented with NRC discharges:
 - 77 Consumers have been discharged to date
 - 3 Consumers were discharged in January to date
 - 8 Consumers are hard to place
 - 5 Consumers are discharge ready with placement
 - 1 Consumers are ready for discharge with no placement
- With the reduction of beds at NRC, the need for the high utilizers of services becomes more apparent. We are exploring various ways to address this population. Training of staff and workers is essential. Lee Tyson will be giving training on borderline personalities in the near future.
- Significant work is being done to infuse the Wellness and Recovery philosophy in the Region 4 Network. The Region is working with the Mental Health Association on the following activities:
 - A presentation was has been rescheduled for February 8.
 - The goal continues to be not only increased involvement of consumers at all levels, but empowerment of consumers to develop and participate in self-directed care. With the appointment of Joel McCleary as Director of the Office of Consumer Affairs, we hope to work closely with him to increase consumer involvement.

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Region 5 Systems Behavioral Health Services

SERVICE TYPE	ACTIVITY	DATE	PROGRESS, BARRIERS, NEXT STEPS
Assertive Community Treatment Team	Providers: The Community Mental Health Center (CMHC) of Lancaster County, Lutheran Family Services, and CenterPointe	OPERATIONAL DATE: 7/1/05	<p>Ten consumers had been enrolled in ACT as of 12/31/05.</p> <p>Based on consultant recommendations the program continues process of improving admission, assessment and treatment planning processes. Timelines are completed on all but three consumers. Case conferences are being done within timelines. Pre-treatment assessments are being completed on all new referrals. Program has developed an outcomes management plan.</p>
Emergency Community Support/Crisis Response Teams	Providers: Blue Valley Mental Health Center, Lutheran Family Services, and Houses of Hope	OPERATIONAL DATE: ERCS 5/1/05 CRT 10/10/05	<p>Emergency Community Support served 52 consumers in December 2005.</p> <p>The Crisis Response Teams became operational effective 10/10/05. Eight calls had been received as of January 6, 2006.</p> <p><u>Barriers</u> Rural ERCS caseloads remain low and referrals for repeat EPC referrals have been minimal. The director of the Crisis Response Teams will continue to coordinate with the Crisis Center to facilitate referrals from CMHC to the ERCS workers. The Director of the CRT teams is also in communication with county attorneys in the different counties to encourage referral of repeat EPCs.</p> <p>The program director continues auditing the crisis line and auditing the crisis counselors' pagers to ensure acceptable target response time.</p> <p>The director/coordinator of the Crisis Response Teams continues to</p>

			do outreach and education to police and sheriff's offices in the four pilot counties to facilitate increased awareness and utilization of the CRTs
Phase IIa Community Support MH, Halfway House, Short Term Residential, Community Support SA, Therapeutic Community, Dual Residential		OPERATIONAL DATE: 5/1/05	<p>These services are not under capacity development guidelines thus agencies are not tracking utilization of this added capacity separately. Community Support-SA, Short Term Residential, and Therapeutic Community services continue to have limited referrals from the Regional Centers.</p> <p><u>Barriers</u> To address the limited referrals, agencies and Region V continue to communicate with staff at the RC regarding bed availability and are also accepting outpatient MHB commitments.</p>

Region Progress Report December Data/January Activities

Region 6 Behavioral Healthcare

SERVICE TYPE	ACTIVITY	DATE	SERVICES, PROGRESS, BARRIERS, NEXT STEPS
Community Support	Service providers: Catholic Charities, Friendship Program and Lutheran Family Services	Operational Date: 12/04	<p>Catholic Charities served nineteen consumers in December.</p> <p>Friendship served seventeen consumers in December.</p> <p>Lutheran Family Services served eighteen consumers in December.</p> <p><u>Barriers</u> The multiple focus on diversion makes it difficult. The group is currently working on discharges from NRC, LRC and diversion within the Region. Agencies sometimes feel pressure to accommodate consumers whose safety (self/others) is questionable given history.</p>
Day Rehab	Service provider: Community Alliance Friendship (added)	Operational Date: 12/04	<p>Friendship Program served eight consumers in December.</p> <p>Community Alliance served 57 consumers in December.</p> <p><u>Barriers</u> Community Alliance continues to work on renovation space for Day Rehabilitation.</p> <p>Hiring staff continues to be a challenge.</p>
Psych Res Reh	Service provider: Community Alliance	Operational Date: 12/04	<p>Community Alliance has a total of 45 consumers in Reform services.</p> <p>Community Alliance has identified additional Community Services at month end in order to continue to open up Res. Rehab beds.</p>

			providers and therefore there have been some communication difficulties.
Dual Disorder Residential	Service Provider: Catholic Charities	Operational Date: 1/24/05	Catholic Charities served nineteen consumers in December.
Crisis Response Team	Community Input Obtained from Dodge and Washington Counties	Operational Date: TBD	These services are not currently being provided.
Sub Acute Inpatient	Service Provider: Telecare	Operational Date: 9/30/05	Telecare served twenty consumers in December. <u>Barrier</u> We continue to struggle getting to the hospitals to complete assessments. They take a lot of time, and we were not structured to have the time/flexibility to do them
Shot Term Residential	Service Provider: NOVA	Operational Date: October 2005	NOVA served seven consumers in December.
Intensive Community Services	Service Providers: Community Alliance Salvation Army	Operational Date: Community Alliance: December 2005 Salvation Army: October 2005	Community Alliance served seven consumers in December. Salvation Army served six consumers in December.
TRP Expansion	Service Provider: Salvation Army	Operational Date: December 5, 2005	Salvation Army served two consumers in December.
IOP Expansion	Service Provider: Lutheran Family Services	Operational Date:	Lutheran Family Services served four consumers in December.

		November 2005	<u>Barrier</u> There have been a high number of no shows.
Community Resource Center	Discussion Among Key Stakeholders	Operational Date: TBD	N/A
Medication Management	Service Providers: Catholic Charities and Lutheran Family Services	Operational Date: 2/05	Catholic Charities served six consumers in December. Lutheran Family Services served 22 consumers in December. LB 95 process seems to be improving but as in other Reform services, there is a high number of no shows.
Phase IIa Crisis Response Teams	Additional funds are available for Crisis Response Teams in Douglas and Sarpy County.	Operational Date: TBD	These services are not currently being provided.